

## A SINGING WORKSHOP FROM THE HEART OF THE AFRICAN RAINFOREST

The Letz Sing Community Choir is thrilled to announce that Su Hart from the internationally acclaimed UK music group, Baka Beyond, is coming to the Comox Valley to lead a community singing workshop on October 17<sup>th</sup>. This workshop is open to all levels of singing experience and takes place from 10 am to 3 pm at the Comox Lions Den, 1729 Comox Ave. in Comox. Advance ticket price is \$60, available at Laughing Oyster Bookshop.

Su Hart first visited the Baka in Cameroon, West Africa in 1992. Returning regularly to live in community and play music, a fruitful musical partnership has grown and evolved. Su has become one of the very few outsiders to be initiated into the Baka women's singing secrets, such as "Yelli", the unbroken tradition used for calling the animals.

For millennia, the Baka have lived in peace in the Cameroonian rainforest. Theirs is one of the oldest and most sensitive musical cultures on the planet. Living amongst huge trees and hearing only natural sounds, they need to listen acutely; it is vital to their survival. This sonic awareness makes them extremely musical, and music becomes as central to them as the forest itself. Song permeates their lives from cradle to grave, for ritual, healing, fun and games.

Su has been asked by the Baka People to bring the singing and rhythms beyond their fragile rainforest. This day-long workshop is part of that plan.

Check out <http://www.baka.co.uk> for enthralling videos and beautiful audio sound clips, then come and join members of the Letz Sing Community Choir for this exciting day long workshop.

Tickets for this workshop are available at the Laughing Oyster Bookshop in Courtenay.

For more information about the Letz Sing Community Choir see [www.letsing.com](http://www.letsing.com)