

A Singing Workshop For Families

Tina Filippino, director of the Letz Sing Community Choir, is delighted to be hosting a Family Singing and Rhythm Workshop with Su Hart of the famed international band, Baka Beyond, on Sunday October 18th, from 2:00 – 4:00 pm. This exciting workshop will take place at the Comox Lions Den, 1729 Comox Ave. (enter from the back of the building). Tickets are \$10 for children, \$15 for adults, \$45 for family pass, available at Laughing Oyster Book Shop.

Su Hart, from the UK, first visited the Baka People in the rain- forest of Cameroon, West Africa, in 1992. Since then, a fruitful musical partnership has grown and evolved.

The One Heart Music Exchange supports indigenous people through music. They record endangered music and bring royalties from sales back to the musicians' community, and carry out projects agreed by and of benefit to the community. This project aims to encourage self-worth and respect for Baka culture by showing that it is appreciated in the wider world.

Su Hart has been asked by the Baka women to bring their songs and rhythms into the world beyond their threatened rainforest, and she is coming to the Comox Valley as part of that plan.

The Baka live in one of the oldest and most sensitive musical cultures on the planet. They spend their whole lives in a large family group. Everyone cares for everyone, and children learn to co-operate and take part in all aspects of everyday living. They learn the skills they need to live richly in their forest. Music is a central part of their communal life, and song permeates their lives from cradle to grave. Theirs is an unbroken musical culture, and their music is as egalitarian and collective as their culture itself.

Come and hear about Baka culture and learn chants, rhythms, dances and games from the heart of the tropical rainforest with expert facilitator, Su Hart.

This event is appropriate for all children, who are able to participate in a two-hour workshop. For more information and some wonderful sound clips, see www.baka.co.uk